7/8/09

UNEVEN BAR CHARTS

HANDSTANDS

										slip grip					
		B	C	C	D	D			C		D			D E	E
		B	C	C	D	D	E	C	D		D	E			
B		C	C	C	D	D			D					E	
B		C	C	C	D	D			D					E	
B		C	C	C	D	E			D					E	
B		C	C	C	D	E			D						
		C	C												
		C	C	C	D	E				D	D		E		
		C	C	C	D										
B		C	C	C	D					D					
B		D	D	D											
		D	D		E	E	E						E		
		D	D		E										
C		D	D		E										
		D	D		E										
		D	D		E										
		D	D							E					
C														D	

BAR DISMOUNTS

	A	A	B	C	C	C
	A	B			D	D
½	B	B	C	C		D
½	B	B		D		
1	B	B	C		D	D
1½	C	C			D	
2	C	C	D			
2½	D	D				
3	E					

DISMOUNT DOUBLES

	C	D	D	E
		D		E

HECHT DISMTS

B			
C			
D			
E			

QUTER FRONT SUPPORT DISMTS

B	
C	
D	